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FCS Newsletter Fall 2010

School of Family & Consumer Sciences

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Special points of interest:

- Faculty retirements
- Greetings from the Dean

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News & Views

School of Family and Consumer Sciences

Fall 2010

Bidding Farewell: Three faculty members retire

After 22 years of teaching in the areas of Apparel and Textiles, and Merchandising **Professor Jean Dilworth** retires



from EIU. Professor Dilworth was visible on campus through her many years of service to

the University, the College and the School. A few examples include serving as a member of the University Academic Affairs, the University Faculty Senate, the Senior Seminar Review Committee, the College Grade Appeal Committee and the College and School Curriculum Committees. Professor Dilworth was both active and well known within the industry. As a result, she secured funds to develop the Digital Color Science Lab/Textile Design Lab from Lectra Corporation and others. She was also the recipient of numerous awards including the Outstanding Faculty Designer

during the competitions by the International Textile and Apparel Association. Professor Dilworth is enjoying hiking, fishing, and participates in the North Carolina Master Gardener's program.

Dr. Patricia McCallister began her tenure in 1989 as an Assistant Professor teaching



various consumer courses at the undergraduate and graduate levels Dr. McCallister enjoyed teaching in the classroom, as well as online courses. In addition to receiving numerous awards over the years, she provided many years of service to the University, the community, as well as the profession. Dr. McCallister was involved in the local Amish communities, served as a Board Member at Large for the Association of Home Equipment Education, participated on the Coles County Metham-

phetamine Action Coalition. She enjoyed study abroad and presented at professional conferences in Australia, Italy and Russia. Dr. McCallister plans to stay active in the field.

With the delivery of a set of twin grandchildren, **Mrs. Susan Rippy**, a familiar face in FCS has decided to retire. Mrs. Rippy is a registered dietitian and has taught a number of nutrition and dietetic related courses to undergraduate students throughout the years. She also oversaw graduate dietetic students who worked as Graduate Assistants in the foods lab. She was a mentor and a professional for students, guiding them academically through her years of service. Most recently Mrs. Rippy taught all sections of Food Selection and Preparation. She plans to enjoy retirement...with a baby or two on her lap!



Greetings from the Dean



Greetings from your friends in the Lumpkin College of Business and Applied Sciences! As we begin a new fall semester and welcome our most recent freshman class, I'm reminded that change is an

inevitable part of life. I also can't help but feel a sense of nostalgia as we bid farewell to our former dean, Diane Hoadley. We wish Diane well in her new position as dean of the College of Business at the University of Wisconsin, Eau-Claire. Diane served as dean since 2002.

As part of the transition, President William Perry and Provost Blair Lord recently an-

nounced my appointment to serve as interim dean, following 13 years of service as chair of the School of Technology. A national search will be conducted beginning this fall to select a permanent replacement.

As always, we are full of pride and we hope you are too! The Lumpkin College of Business and Applied Sciences has a

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Greetings from the Dean (continued)

(Continued from page 1)

long, proud tradition of providing the best quality education to our students. We are committed to strengthening not only the classroom experiences our students receive, but to offer a well-rounded, interactive learning environment. Students are encouraged to participate in study abroad programs, internships, collaborative undergraduate research opportunities and interactive learning programs. We endeavor to prepare our students for meaningful careers that will enhance their lives, enriching them personally, professionally and academically. Share the following "Points of Pride" about your alma mater with friends and colleagues. After all, it doesn't hurt to be boastful once in a while!

10 Points of Pride

1. Eight nationally accredited programs
2. Our study abroad programs have a high rate of student participation with program options in the Netherlands, Italy, South Africa, Latin America, and Asia.
3. Twenty-nine active Registered Student Organizations provide opportunities for leadership, personal and professional development, and philanthropic endeavors.
4. Faculty emphasize relationship-driven education and believe in supporting and encouraging their students.
5. We intentionally promote and enhance integrative learning, which contributes to the personal and academic development of our students.
6. Research and creative activity projects foster collaboration between faculty and students and serve to enhance teaching, learning, and scholarship.
7. Teaching and learning laboratories and facilities with state-of-the-industry equipment promote hands-on learning.
8. We promote and support the use of highly effective, reliable, and innovative academic technologies for our faculty and students.
9. Our vital graduate programs are recognized for their commitment to excellence.
10. Our smaller class sizes allow for students to receive personalized attention.

Thank you for your continued support of the College, particularly the School of Family and Consumer Sciences.

Reflections from the Chair by Dr. Jim Painter

This year we sent two groups of our FCS students to Florence, Italy to study Food, Wine and Fashion at Florence University of the Arts. One group traveled over spring break and the other traveled during the summer. We also had a few students study for the entire semester in the spring and fall. For the 6th consecutive year we also brought Italian professors Massimo Copetti and Cecilia Ricci here to teach Mediterranean cooking and Italian Wine classes. They were our most successful classes to date. The Cooking Academy for Kids classes was once again a favorite for our younger students.

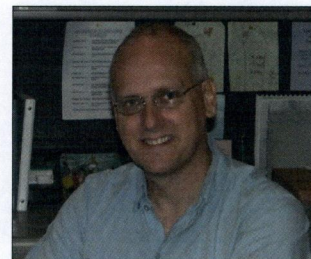
Our student organizations have been actively involved in community projects. The Student Association of Family and Consumer Sciences (SAFCS)

and KONu continued their support for Colleges Against Cancer by participating in the EIU Relay for Life, raising about \$5600 for the cause.

Our faculty and students have been conducting research. One of our students working with Sun-Maid raisins found that subjects consumed 20% more raisins when they were visible on the desk compared to raisins kept in the drawer. When twice as many raisin boxes were on the desk consumption increased another 20%. So if consumers want to eat more fruits and vegetables, it might be a good idea to keep a good supply of them visible and available.

Our outreach programs, Peace Meal and CCR&R have fared well considering the financial situation in the state. They continued to serve food to

the older adults in east central Illinois and provide childcare assistance to young families. The commercial kitchen was completed in November. We are still raising funds to complete the dining room. The students in the MS in FCS cohort program that Dr. Murphy developed in the northwest suburbs of Chicago completed their program of study this May. The future of FCS at EIU is bright!



Master of Science in Dietetics

Effective Fall, 2010 the Master of Science in Family and Consumer Sciences (MS in FCS) will expand into two graduate programs. The previous MS in FCS: Dietetic Option will become a second program, called the Master of Science in Dietetics. The change was

based on the evolution of the dietetic program over the past 30+ years and on student and employer feedback. The new name is concise, precise and identifies the discipline of dietetics. The Master of Science in Dietetics remains under the auspice of Family and

Consumer Sciences, with all courses being FCS based. Dr. Lisa Taylor remains the Graduate FCS Coordinator with Dr. Karla Kennedy-Hagan assuming the role of the Graduate Dietetic Coordinator.

Kudos to EIU Dietetic Alumni

During the 2009-2010 **Illinois Dietetic Association Awards** ceremony in Oakbrook, Illinois EIU alumni shined. With a state membership of 3000 Registered Dietitians, six awards were given for the Recognized Young Dietitian of the Year. The award recognized each recipient's professional involvement in legislation, research, public relations, education, community outreach,

management and other areas related to the profession. Three **EIU alumni** received this award, including **Gayle Jennings, MS, RD, LDN, Christina Mitzel, MS, RD, LDN** and **Beth Peralta, MS, RD, LDN**.

The most prestigious award from the Association is the Outstanding Registered Dietitian of the Year Award. In addition to having a history of demon-

strating traits identified for Recognized Young Dietitian of the Year, a history of ongoing leadership is required. **Karla Kennedy-Hagan, PhD, RD, LDN**, an EIU alumni, Associate Professor and Assistant Chair for the School of Family and Consumer Sciences received the award for Illinois. Dr. Kennedy-Hagan was also a previous recipient of the Recognized Young Dietitian of the Year.

The MS in FCS Graduate Program Experiences Exciting Changes

The MS in FCS Graduate Program experienced some exciting changes during the 2009-2010 year. A new required statistics course was approved, the admissions procedures updated, and students in the program received awards and exposure. Beginning during the fall 2010 semester, all MS in FCS graduate students will be required to take a new course (that was developed by Drs. Taylor, Wilkinson, and O'Rourke) called "Statistics in Family and Consumer Sciences" (FCS 5901). The course will teach graduate students how to apply statistics to research and administration reports and will provide students with a more sophisticated understanding of the research process, facilitate critical thinking skills, and will help them apply knowledge in a more effective manner.

The Graduate Faculty also devel-

oped and approved new admission procedures for the program. A Graduate Admissions Committee will be formed in the fall 2010 semester and students applying to the program will be required to submit a letter of intent and two letters of recommendation along with their online application. These changes are consistent with other MS in FCS programs around the country and will assist the Graduate Admissions Committee in their selection process.

In conjunction with the EIU Graduate School's new Graduate Showcase format, a student was selected to represent the MS in FCS Graduate Program for the LCBAS Graduate Student Showcase. Jackie See and her mentor, Dr. Linda Simpson, served on a panel for the college and both were featured in a video that the Graduate School created.

The video highlighted the work that Jackie did at the Health Education and Resource Center as part of her Assistantship position as well as the mentoring relationship between her and Dr. Simpson.

Finally, we were thrilled to learn that a MS in FCS Graduate Student won the "Outstanding Thesis" for the LCBAS! Renee Smith's thesis on college student debt was selected for the award. Renee's work was supervised by Dr. Linda Simpson. When Renee received her award at the 2010 Graduate Student Awards Ceremony, she was approached by President Perry and asked if she would be willing to present her findings to the EIU Board of Trustees! Such wonderful exposure for Renee, Dr. Simpson, the MS in FCS Graduate Program, and the college.

A Fun Year for SAFCS by Sharon Lewis

The 2009-2010 year for the Student Association of Family and Consumer Sciences was fun and fabulous. The kickoff membership meeting was held in early September and was quickly followed by Panther Palooza. There were over fifty individuals who joined SAFCS during the year.

The month of October gave SAFCS an opportunity to have Chris Halsey, manager of Maurice's, as guest speaker. Chris spoke about interview skills and business etiquette. Also during the month SAFCS and KONu partnered to raise awareness and funds for Breast

Cancer. The organizations sold pink ribbons for one dollar each and raised \$177.00 for the Relay for Life. Later in the year, members from all FCS and Gerontology student organizations formed "Team FCS" and raised a total of \$5600 for EIU's Relay for Life fundraiser for the American Cancer Society.

The guest speaker for the November meeting was Toq Lawrence, Executive Director of Big Brothers/Big Sisters of East Central Illinois. Mrs. Lawrence spoke about the importance of community service and the opportunities available at Big Brothers/Big Sisters. Dan-

ielle Haaksma, a member of SAFCS, is a Big Sister and she also shared her experiences during the meeting.

December was an exciting month as we participated in The Adopt-A-Family service project. SAFCS partnered with KONu to adopt a family from HOPE of East Central Illinois, the local domestic violence organization. The officers from both organizations and Dr. Simpson shopped for Christmas gifts for the family. The holiday party was held later in the month and members of the family wrapped the gifts.

(Continued on page 4)

A Fun Year for SAFCS by Sharon Lewis (Continued)

(Continued from page 3)

Also during the holiday party we held a food drive and collected many non-perishable goods that were also given to the family. The month was a rich and rewarding experience for all who participated.

The meeting for January was postponed due to unfortunate weather and also the flooding of the Lumpkin building basement. However, on a happy note, preparations began for the Illinois Association of Family and Consumer Sciences conference which was held in February.

The guest speaker for February was

Laura DeRuiter-Willems who gave an uplifting and inspirational talk on being positive and giving to others. The IAFCS conference was quickly approaching and final details were being made. The conference was held on February 26th and 27th in Peoria. There were a total of 10 students and 4 faculty members who attended. The conference was a great experience for all who attended.

Dr. Jackie Frank was the guest speaker for March and she shared her experiences working with the prison population as well as the affects it has on families. The information presented

was educational and was enjoyed by all who were in attendance.

The end of the year party was held in April with KONu. There were many people who attended and fun was had by all. The year was a big success and many thanks to the students who joined the organization. The support you gave is much appreciated. The faculty in the School of Family and Consumer Sciences also deserve a big thank you. The guidance and support throughout the year is priceless. In closing I want to wish Caitlyn Huth good luck as she begins her year as the Student Organizations Graduate Assistant. Thank you!

SAEYC News

The National Association for the Education of Young Children has a new student chapter at EIU. SAEYC is housed in both FCS and Early Childhood Education and is advised by Mikki Meadows from FCS and Sham MD-Yumus in ECE. The organization is only a couple of years old, but is growing quickly; students come from various areas within education (ECE, elementary education, special education) and FCS. The membership is very active, planning activities that allow for community service work with young children, educational opportunities for both students and professionals that work with young children, and social events. The members have attended state and national NAEYC conferences and assisted in the planning and facilitation of a conference on the campus of EIU.



2010 WIM Conference

The 2010 WIM Conference took place on February 11-13 at the Palmer House Hilton in Chicago. Eight EIU students attended this gathering. The WIM Conference is the only regional student career conference in the nation for FCS students led by FCS students. College students interested in the fields of Family and Consumer Sciences came from nearby states to share, explore, and network. The conference offered students the opportunity to meet with students from other universities, listen to professionals share their experiences and advice, and explore career options during specialized tours.

"When the future's in reach, life's a beach!" was the theme for the 46th annual conference. The conference kicked off on Thursday with a beach ball icebreaker, Board of Directors introductions, and



two guest speakers. Mr. Ken Price, Director of Public Relations for the

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2010 WIM Conference (Continued)

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Palmer House Hilton, discussed the history of the Palmer House. Mrs. Doris Christopher, founder of Pampered Chef, discussed her experiences being an entrepreneur.

On Friday students went on specialized tours that gave them hands-on experience in their particular area of FCS as well as the opportunity to network with professionals. The tour options were as follows: fashion merchan-

dising, foods/nutrition/dietetics/hospitality, human services, interior design, and variety. Each tour included 3-5 destinations around the city of Chicago. **Brittany Marzuzzillo** (2010 Delegate-at-Large) led the variety tour and **Caitlin Lyman** (2010 Social Chair) led the foods/nutrition/dietetics/hospitality tour. Both Brittany and Caitlin are EIU students and did a great job representing our institution.

The conference came to a close on Saturday with tour discussions, the

WIM Business Meeting, and elections for the 2011 Board of Directors. **Leah Sobut** of EIU was elected as the 2011 Vice President. Leah has been meeting regularly with the new Board to plan next year's conference. Patty (Berry) Hudek and Deborah Reifsteck are the EIU advisors for the WIM Conference.

The 2011 WIM Conference will take place on February 10-12. For more information, visit <http://www.eiu.edu/wimconf>. Information will be posted as planning continues.

Professional Convention Management Association News by Kathy Rhodes

This was a great year for PCMA at EIU. To start off the year, the Chapter won "Student Chapter of the Year" and received a \$500 Scholarship. Eastern was the first school of the Greater Midwest Chapter Region to win such an award. EIU PCMA was able to put on several fundraisers for the year, and used that money to help sponsor mem-

bers that attended the National Conference in Dallas Texas. The members came back from the conference with an abundance of information that they used and shared with the rest of the members. The chapter grew immensely and the students were able to get very active. Guest speakers, events and fun meetings were all ways the students

were able to gain knowledge and become more prolific in the hospitality industry. PCMA will start off the 2010-11 school year with a full, enthusiastic board and looks to have another great year. PCMA has been a great addition for the EIU students to gain experience as well as meet industry professionals.

ITAA & TAGA News by Professor Jean Dilworth

International Textile and Apparel Association Arts student chapter continue to work together. The group meets each Thursday to print promotional products (T-shirts, mugs and brochures) for campus and community organizations. The students donated extra

shirts to Haiti, attended the Technical Association of Graphic Arts International Conference in San Diego, CA and entered student competitions in both organizations.

Gerry Slattery, who served as President of ITAA for the past year and

served as Vice President other years is completing his internship with Sears Design Team in New York City during summer 2010.

Financial Education Health Center Update by Jackie See, Graduate Assistant/Financial Health Educator

The Financial Health Center provides Eastern Illinois University students with educational workshops, classroom presentations, one-on-one financial assessments, and money management training series. During the 2009-2010 school year, two large financial literacy series were developed. "Debtbusters" was implemented during the fall 2009 semester as a 10 weeklong series which utilized many of the concepts and teachings of Dave Ramsey. The educa-

tional program not only taught and explained financial life skills, but did so in such a way that kept students coming back to the program week after week. In the spring of 2010, the center created a program call "Fortune of Health." The four-week long integrated learning presentations focused on financial literacy and lifestyle behaviors. The series educated students about maintaining good financial behaviors while in relationships, purchasing nutritious

foods, and the effects of alcohol use to their personal finances. Both group presentations were well received and totaled close to 900 students in attendance overall.

Along with the workshops and classroom presentations, a record-breaking number of one-on-one financial consultations with students were conducted. Through the financial sessions, clients are educated on how to

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Financial Education Health Center Update (Continued)

(Continued from page 5)

better manage their finances by providing various resources and skills, depending on the individual's financial needs. Some of the topics that were addressed during the one-on-one sessions were credit card debt, budgeting problems, checking a credit report, identity theft,

and students inquiring about loan consolidation.

A study that was conducted during the 2009-2010 academic year reported that 65% of Eastern Illinois University students have credit card debt. By providing financial literacy, we are able to assist students' needs in order to im-

prove academic performance, learning, student retention, and personal growth opportunities. Financial education is an important aspect in a young adult's life and the Financial Health Center is dedicated to improving and implementing financial skills among the student population.

New Interactive Natural Settings for the Learning Environment at CDL by Karen Hart, On-Site Director

Some creative and natural settings have been added to the Infant and Child Development Laboratory's outdoor learning environment. It has been in the making for the past 2 years and this past summer the plans have emerged with excellent outcomes.

Around the existing old oak tree a natural platform surrounded by red cedar logs for fencing was built to stimulate a 'treehouse' experience. Children's play options are endless, from dramatic stage performances, to creating spatial relationship "rooms" with brightly colored fabric streamers attached to the lower branches. It also presents a wonderful theatre effect for the completion of students outdoor lesson plans.

A shake shingle cedar covering for our outdoor marimba was also built to protect it and the children from the weather. The 4 ft. long marimba itself has brought many hours of enjoyment and musical experiences for the young children.

Perimeter fences of the outdoor environment have been expanded and there is a children's fenced garden area

where they are engaged learning about the relationships between nature, plants and their own lives while experiencing the cycle of growth, foods to taste and smell, and how to care for their garden. Near by is a natural cedar log bench for resting, reading or simply enjoying nature. Along with a new toddler cedar playhouse erected on the toddler-infant area that fosters creative ideas and interactions.

Inside the 3,4,5 year olds preschool room two walls were professionally hand designed and painted depicting an exotic nature scene including a lake, waterfall, fish, waterfowl, monkey's and a leopard. The mural was divided into an above and below water level scene and is part of the children's reading/music curriculum area. It was hand painted by an enrolled child's mother who volunteered her exceptional talents. The children were able to watch the artist during the work in progress'. It will be a lasting reminder that families within the community are an integral part of our university's learning environment .



All of these naturally situated areas are a culmination of places that help young children connect with nature. A long-term goal is for the Infant and Child Development Laboratories become a Certified Nature Explore Outdoor Classroom through the National Arbor Day Foundation and Dimensions Educational Research Foundation.

Peace Meal Update

The mission of Peace Meal Senior Nutrition Program is to provide quality meals for healthier lives. The program seeks to help senior citizens improve their nutrition, sustain their independence and enhance the quality of their life by providing meals, fellowship and connections to other needed services. A budget of almost \$3 million is raised

from various grants and donations to provide 1600 meals daily to over 70 sites in fourteen counties.

Peace Meal is a constantly evolving program. We evaluate the needs and wants of the population we serve and work to implement program changes that will meet that need. Many retirees find that the traditional congregate noon

meal no longer meets their schedules and interests. In response to this we have launched innovative programs throughout our fourteen county area.

Soup and Salad Bars have been a welcome addition at many sites. The meals, though seemingly light and refreshing, have all the nutrients necessary

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Peace Meal Update (continued)

(Continued from page 6)

to meet dietary standards. Unlike in traditional Peace Meal sites, reservations are not required and serving times are extended, increasing flexibility for clients. Similar programs include Potato Bars and Panini Luncheons at other sites. Interest in these alternative congregate meal sites continues to grow and will be expanded throughout the Peace Meal region.

In conjunction with these creative programs, Peace Meal has started Strong For Life exercise programs in sites. These evidence-based programs

have been well received. Staff members teaching the classes have seen remarkable differences in seniors after participating just a few times.

Peace Meal is also beginning to provide a meal served in conjunction with Dine with a Doc at several sites on a monthly basis and seek to network with more sites to collaborate on the event. The topics covered at Dine with a Doc seek to encourage healthy aging. The addition of a balanced meal adds to the overall impact of the event.

As always Peace Meal services include home delivered meals, traditional

congregate meals, nutrition education, needs assessment and outreach. Sites utilize over 1200 volunteers each year for the provision of meals and services. One hundred and fifty full and part time employees, including many senior citizens, currently work with the program throughout the service area.

Uncertain funding and rising costs are always a challenge for Peace Meal, however staff, volunteers and clients are dedicated to meeting that challenge and moving forward.

Alumni Updates

Laura (Leinhop) Carlson, MS, RD, LDN is a clinical dietitian at Carle Foundation Hospital, Urbana, IL. 2010

Jamie (Zamost) Plutz, MS, RD is an assistant manager in patient dining services through Sodexo at Mayo Clinic Hospital in Rochester, Minnesota. 2010

Laura Bodine, MS will take the RD exam soon. She will be starting her new job as a clinical dietitian at Carle Foundation Hospital, Urbana, IL. 2010

Amber Halvorson, MS will take the RD exam soon. She will begin her doctoral studies at the University of North Carolina in Greensboro during the fall. 2010

Samantha Sullivan, MS, RD, LDN is employed by Gerald Champion Regional Medical Center in New Mexico. 2010

Lisa Carroll, MS will take the RD exam soon. She will start her new job at Rago & Associates in the Chicago area, working with eating disorder patients. 2010

Samantha Strimpel, MS, RD, LDN is a clinical dietitian at St. Mary's Hospital in Decatur, IL. 2010

Michelle Lampi, MS, RD, LDN clinical dietitian at St. James Hospital, Chicago Heights, IL. 2010

Lauren Rusk, MS, will take the RD exam soon. She will be the pediatric/OB/Gastric dietitian at Methodist Medical Center in Peoria. 2010

Jennifer Beyers, MS, RD, LDN is a clinical dietitian at Provena Covenant Medical Center in Urbana, IL. 2010

Amber Cain, MS will take the RD exam soon and is interviewing for the right job. 2010

Carolyn McCabe, MS, RD, LDN is employed as a dietitian at Vista Medical Center in Waukegan, IL. 2010

Jillian Hurt, MS will take the RD exam soon. She is an adjunct faculty member at EIU teaching undergraduate courses. 2010

Jami Sheehan, MS was recently engaged and will take the RD exam soon. She will relocate with her husband, who is in the military. 2010

Tiffany Cavoletto, MS, RD, LDN is a clinical dietitian at St. John's Hospital in Springfield, IL. 2009

Ashley Brewer, MS, RD, LDN is a clinical dietitian at Provena United Samaritans Medical Center in Urbana, IL. 2009

Allison Rose, MS, RD, LDN is a dietitian at Timberline Knolls, working in a residential treatment center for eating disorders, substance abuse, addictions, and mood disorders located in Lemont, IL, 2009

Blake Kuntz, MS, RD is a WIC dietitian in Indiana. 2009

Ciarra Kent, MS, RD is a dietitian at the Southside Virginia Training Center in Petersburg, Virginia. In addition, she also teaches nutrition courses as an adjunct faculty at J. Sergeant Reynolds Community College. 2009

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Alumni Updates *(continued)*

(Continued from page 7)

Gwen Zumwalt, MS, RD, LDN is a clinical dietitian at Sarah Bush Lincoln Health Systems. 2008

Angie Ison, MS, RD is a faculty member in the ROTC at EIU. 2008

May Jane Hacker, MS, RD, LDN is a Nutrition Educator at a WIC clinic in Panama City, Florida. 2007

Megan (McCallister) Klemm, MS, RD, LDN is a Health Educator, overseeing the weight loss program- Health Management Resources (HMR), Private Physician Clinic Dietitian with an Endocrinologist, and serving as the lead RD for research. Springfield Diabetes and Endocrine Center in Springfield IL. 2007

Chrissy Mitzel, MS, RD, LDN is a Hy-Vee registered dietitian, working in Rock Island. She is a Recognized Young Dietitian of the Year for Illinois. 2007

Sarah Byrd, MS, RD is the Area Supervisor for Mesa Public Schools Food and Nutrition Department in Phoenix, Arizona. 2007

Jessica (Petruszak) Nigg, MS, RD works as a consultant dietitian with Nutrition Care Systems in Peoria, IL. 2007

Amanda (Goetze) Claxton, MS, RD, LD works as a WIC Dietitian and Independent Contractor in Newport, Oregon. 2007

Sondra (Kouimelis) Clarkson, MS, RD, LDN is a consultant dietitian for Nutrition Care Systems in Champaign. She and her husband have a baby boy. 2007

Eric Stein, MS, RD is a Chef Instructor-Johnson & Wales University, Denver, CO. 2006

Suzanne (Parker) Stluka, MS, RD, LDN is the EFNEP/FNP Coordinator for the South Dakota State University Cooperative Extension Service. She is currently working on her PhD. 2006

Sara Dust, MS, RD is a registered dietitian/clinical research coordinator at Radiant Research in Chicago, IL. 2005

Kylene (Stewart) McGarry, MS, RD is a clinical dietitian at St. James Hospital in Chicago Heights, IL. 2005

Katie Swafford, MS, RD had a baby boy and she continues to work at Riverside Hospital in Kankakee, IL. 2005

Beth (Cavallero) Peralta, MS, RD, LDN is a clinical RD at the VA Illiana in Danville. She also received a Recognized Young Dietitian of the Year award from the Illinois Dietetic Association. 2004

Gayle (Theobald) Jennings, MS, RD, LDN works as a clinical dietitian at Memorial Medical Center in Springfield, IL. She also received a Recognized Young Dietitian of the Year award from the Illinois Dietetic Association. 2003

Fall 2009 Scholarship and Awards

Ruth Gaertner Scholarship

Amanda Simmons, Bourbonnais, IL



Amanda Simmons

School of Family and Consumer Sciences Graduate Scholarship

Amy Lidy, Dietrick, IL



Amy Lidy

Fall 2009 Scholarship and Awards



Meghan Matthies

Omar Karl Schmeusser Memorial Scholarship

Meghan Matthies, Peotone, IL



Rena Gower

Ozier Child and Family Award

Rena Gower, Robinson, IL

Elsie and Erson Giffin Scholarship

Danielle Haaksma, Frankfort, IL
Rachael Jannusch, St. Joseph, IL
Kayla Levek, Wood River, IL
Angela Schaefer, Belleville, IL
Gerald Slattery, Chicago, IL
Mollie Thompson, West York IL



Danielle Haaksma



Rachael Jannusch



Angela Schaefer



Gerald Slattery



Mollie Thompson



Kayla Levek

Fall 2009 Scholarship and Awards

Eileen F. Hubbard Scholarship

Sara DeMartino, St. Charles, IL

Pamela Kennelly, DesPlains, IL



Pamela Kennelly



Sara DeMartino

School of Family and Consumer Sciences Elderhostel Scholarship

Mary May, Chicago, IL



Mary May

Joyce S. Course FCS Scholarship and Ruth E. Brandenburg Memorial Scholarship

Calista Rice, Charleston, IL



Calista Rice

Fall 2009 Scholarship and Awards

Swope Fund For Excellence—Outstanding Senior Awards

Apparel & Textile Design: Gerald Slatterly, Chicago, IL

Consumer Studies: Amanda Smith, Villa Park, IL

Dietetics: Anna Scroggins, Mattoon, IL

Family Services: Lyndsey Kirk, Casey, IL

Hospitality: Meghan Matthies, Peotone, IL

Merchandising: Katelyn Muntzenberger, Naperville, IL

Teacher Certification: Bridget O'Connor



Meghan Matthies



Gerald Slatterly



Katelyn Muntzenberger



Lyndsey Kirk



Anna Scroggins



Amanda Smith



Bridget O'Connor

Fall 2009 Scholarship and Awards

McNabb-Dow Graduate Scholarship

Natalie Rodakowski, Belvidere, IL

Kaitlin Skwir, Greenbush, MI

Elise Truman, Jackson, MI



Natalie Rodakowski



Kaitlin Skwir



Elise Truman

Carolyn Kluesner Modglin Memorial Graduate Scholarship

Christine Ozier, Mattoon, IL

Jennifer Beyers, Pana, IL



Jennifer Beyers



Christine Ozier

Donna Lynn Connelly Scholarship

Sarah Bouchard, Channahon, IL

Karla Browning, Hoffman Estates, IL

Hannah Hillaker, Grand Ridge, IL

Megan Jackson, Bolingbrook, IL



Sarah Bouchard



Karla Browning



Hannah Hillaker



Megan Jackson

Fall 2009 Scholarship and Awards

Ruth Miller Esbeck Scholarship

Amber Brooke, Casey, IL
Rena Gower, Robinson, IL
LaDonna Jenkins, Oblong, IL
Stephanie Niemberg, Teutopolis, IN
Lindsey Powers, Windsor, IL
Kimberly Roth, Lerna, IL
Kayla Spencer, Trilla, IL



Amber Brooke



Rena Gower



LaDonna Jenkins



Stephanie Niemerg



Kimberly Roth



Lindsey Powers



Kayla Spencer

**SCHOOL OF FAMILY
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School of Family and Consumer Sciences

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Name: _____

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Email: _____ Phone: _____

Degree(s) Earned: _____ Year(s) of Graduation: _____

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Alumni and friends of the School of Family and Consumer Sciences are providing vital resources to our students and the community. Gifts to our Annual Fund are allowing us to:

- Provide scholarships to Graduate students in FCS and M.A. in Gerontology (MAG)
- Assisted with registration and travel expenses for Graduate Dietetic students attending the annual American Dietetic Association Food and Nutrition Conference and Expo and MAG students to attend Culture Change Conference and Illinois Council on Aging Conference in Chicago, IL
- Covered overnight housing expenses for off campus FCS Graduate Cohort students who were required to travel to Charleston for classes.
- Installed new equipment in the Infant/Child Development Lab playground.

Please consider giving a gift. Your contribution will help the next generation of SFCS majors at Eastern achieve their dreams. Thank you!

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You may designate your gift to one of our endowment funds simply by indicating the name of the fund you are interested in supporting on the tear-away section at the top of this letter. FCS endowment funds include the: Donna Lynn Connelly Memorial Scholarship; Eileen F. Hubbard Scholarship; Joyce S. Crouse Family and Consumer Sciences Scholarship; Ruth Gaertner Scholarship; Elsie and Erson Giffon Scholarship; Ozier Child and Family Award; Ruth Miller Esbeck Scholarship; Ruth E. Brandenburg Memorial Scholarship Fund; John E. and Mary J. Price Scholarship; Carolyn Kluesner Modglin Scholarship; Graduate Scholarship; McNabb-Dow Graduate Scholarship; Omar Karl Schmeusser Memorial Scholarship and the Elderhostel Scholarship.